

LADIES RANKING ON ROAD FOR 1st October 2010 – 30th September 2011

SENIOR LADIES

1 mile			
5k	Michelle Buckle V35 Derby 16/03/2011 18.32	Nicola Lomas V35 Dave Clarke 25/08/11 23.05	Jane Bisson V50 Dave Clarke 25/08/11 30.28
4 MILES	Michelle Buckle V35 Cheadle 25.24 10/07/2011	Sam Davies Cheadle 32.52 10/07/2011	
5 MILES	Cath Dulla Alsager 29.40 06/02/2011	Michelle Buckle V35 JCB 31.26 14/07/2011	Mel Young Westbridge 34.20 05/06/2011
10k	Ju Matheson V45 Ellesmere 28/08/11 38.18	Michelle Buckle V35 Clayton 04/05/11 39.42	Mel Young Clayton 04/05/11 42.56
7 MILES	Wendy Swift V40 NC7 10/04/11 52.16	Bridget Riley NC7 10/04/11 57.05	Belinda Riley V50 NC7 10/04/11 58.47
10 MILES	Michelle Buckle V35 Llandudno 22/05/11 65.24	Mel Young Trentham 70.29 17/07/2011	Wendy Swift V40 Llandudno 22/05/11 75.33
HALF MARATHON	Cath Dulla Wilmslow 26/03/2011 1.23.03	Michelle Buckle V35 Helsby 23/01/2011 1.24.51	Mel Young Wilmslow 26/03/2011 1.29.54
20 MILES	Belinda Riley V50 Stafford 13/03/2011 3.06.09	Lynne Frith V45 Stafford 13/03/2011 3.16.10	
MARATHON	Mel Young Madrid 17/04/2011 3.20.55	Jane Holt V40 Wolverhampton 07/09/11 3.59.31	KerryAnne Clancy V35 Loch Ness 03/10/2010 4.08.50

VETTRAN LADIES

1 mile			
5k	Michelle Buckle V35 Derby 16/03/2011 18.32	Nicola Lomas V35 Dave Clarke 25/08/11 23.05	Jane Bisson V50 Dave Clarke 25/08/11 30.28
4 MILES	Michelle Buckle V35 Cheadle 25.24 10/07/2011		
5 MILES	Michelle Buckle V35 JCB 31.26 14/07/2011	Wendy Swift V40 Cheadle 06/03/2011 35.35	Charli Weller V40 Westbridge 36.42 05/06/2011
10k	Ju Matheson V45 Ellesmere 28/08/11 38.18	Michelle Buckle V35 Clayton 04/05/11 39.42	Wendy Swift V40 Liverpool 12/06/2011 44.35
7 MILES	Wendy Swift V40 NC7 10/04/11 52.16	Belinda Riley V50 NC7 10/04/11 58.47	Gail Lowe V40 NC7 10/04/11 59.08
10 MILES	Michelle Buckle V35 Llandudno 22/05/11 65.24	Wendy Swift V40 Llandudno 22/05/11 75.33	Rachel Tweedie V35 Llandudno 22/05/11 79.31
HALF MARATHON	Michelle Buckle V35 Helsby 23/01/2011 1.24.51	Wendy Swift V40 Liverpool 26/03/2011 1.36.23	Jane Holt V40 Potts 12/06/2011 1.45.34
20 MILES	Belinda Riley V50 Stafford 13/03/2011 3.06.09	Lynne Frith V45 Stafford 13/03/2011 3.16.10	
MARATHON	Jane Holt V40 Wolverhampton 07/09/11 3.59.31	KerryAnne Clancy V35 Loch Ness 03/10/2010 4.08.50	Belinda Riley V50 London 17/04/11 4.19.32